

Tae Guek 4

Sa Jong

To earn Purple Belt

#	+	Move	Stance	Action
1	W	Left	L back	Middle knifehand block (double)
2		Forward	R Long	R-spear hand
3	E	Right	R back	Middle knifehand block
4		Forward	L Long	L-spear hand
5	N	Left	L Long	L-open high/R knife strike to neck (palm up)
6		Forward		R-high front kick
		Land	R Long	L-middle reverse punch
7		Forward		L-Side Kick
		Forward		R-Side Kick
		Land	R back	Middle knifehand block
8	E	Left	L back	L-middle outside forearm block (underblock)
9		Forward		R-front snap kick
		<fixed>	L back	R-inside middle block
10	W	Right	R back	R-middle outside forearm block (underblock)
11		Forward		L-front snap kick
		<fixed>	R back	L-inside middle block
12	S	Left	L forwad	L-open high/R knife strike to neck (palm up)
13		Forward		R-front snap kick
		Land	R Long	R-high backfist strike
14	E	Left	L walking	L-inside middle block
		<fixed>	L walking	R-middle reverse punch
15	W	Right	R walking	R-inside middle block
		<fixed>	R walking	L-middle reverse punch
16	S	Left	L Long	L-inside middle block
		<fixed>	L Long	R-middle reverse punch
		<fixed>	L Long	L-middle punch
17		Forward	R Long	R-middle underblock
		<fixed>	R Long	L-middle reverse punch
		<fixed>	R Long	R-middle punch <Yell>

	N	Left		Pull left foot to right, into Geuman